

BOARD OF TRUSTEES
SWEENY INDEPENDENT SCHOOL DISTRICT

AGENDA ITEM: _____ DATE: August 14, 2012

SUBJECT: Annual School Health Advisory Council (SHAC) Report

BACKGROUND INFORMATION

Chapter 28.004 of the Texas Education Code requires every independent school district to have a School Health Advisory Council (SHAC). A SHAC is a group of representatives from the community within the school district they serve. More than half of the SHAC members must be parents of students enrolled in the district and who are not employed by the district. Additionally, SHACs must meet at least four times per year, contain a minimum of five members, report directly to the school board at least once annually, and appoint a parent as a chair or co-chair.

ITEM ADDRESSED

REPORT ONLY: 2011-2012 Sweeny ISD School Health Advisory Council (SHAC) Report

Review of Campus Programs for 2011-2012

- High School
 - ✓ Public Service Announcements including some video productions included information about bullying, health, physical abuse, nutrition

- Jr. High
 - ✓ “Words of Wisdom” public service announcements done daily
 - ✓ Counselor provided classroom guidance on bullying, Facebook, and texting as part of her “Town Hall” Meetings
 - ✓ Posters were displayed in the cafeteria
 - ✓ The PE class did a one mile walk/run each week
 - ✓ Channel 1 provided information about health/fitness regularly
 - ✓ JH conducted special counseling opportunities during National Teen Dating Violence Awareness month in February

- Elementary
 - ✓ Counselor provided classroom guidance and small group counseling
 - ✓ A new discipline management reward system was put into place, and worked well to promote and recognize students for good behavior this year
 - ✓ D.A.R.E.
 - ✓ BACODA
 - ✓ CIS
 - ✓ Backpack initiative
 - ✓ Red Ribbon Week

SHAC Initiatives for 2011-2012

- Reduce/Eliminate teen pregnancies
 - ✓ 5 Babies and 2 miscarriages / 2 currently pregnant
 - ✓ Proactive Parenting / Pregnancy Meetings – WIC
 - ✓ Possibly use outside programs more like Scott/White’s “Worth the Wait” Sex Ed Curriculum
- Reduce/Eliminate use of illegal drugs, alcohol, tobacco –
 - ✓ Data collection was inconsistent or non-existent (more formal data collection process is recommended to establish baseline for annual comparison)
- Reduce/Eliminate Bullying
 - ✓ Anti-Bullying programs and initiatives were initiated on all campuses. The anecdotal feedback given was that traditional physical bullying may have been slightly lower, but there had been an increase of online bullying
 - ✓ More education and awareness is needed by students and parents to understand what is and what is not bullying
 - ✓ Possibly offer a Parent Night to share information about bullying & school’s efforts to thwart it
 - ✓ Elementary and Jr. High students were more apt to report bullying, and to also ask for help as opposed to HS students who rarely reported it or asked for intervention
- Implement formal Health curriculums
 - ✓ No one knew for sure to what extent the Health curriculums (Healthy and Wise / Spark) were being used, or if all of the curriculum components were being covered in a systematic manner
 - ✓ Health classes were not offered at HS this year
- Implement Nutrition and Food Service Initiatives –
 - ✓ USDA Regulations increased this year – less fat and sodium
 - ✓ New menus & cafeteria strategies increased participation in breakfast/lunch program to 76.5%
 - ✓ Summer Lunch Program – joined efforts with “Feed My Lambs”
 - ✓ New “point of sale” computer/scanner system which allowed more tracking and info for parents; required retraining of cafeteria staff; added more accountability for cafeteria mgrs.
- Increase Wellness initiatives –
 - ✓ Zumba exercise classes
 - ✓ Phat Camp
- Increase Community Coalitions and Collaborative Efforts
 - ✓ Health Occupations class affiliated with the hospital to do some of their clinicals
 - ✓ Consider working with the Wellness Center to see if they will offer reduced rates for employees, or sponsor contests, or incentives for school personnel
- Offer End-Of-Year safety programs to eliminate drinking and driving, or other hazardous behavior often affiliated with prom, graduation, etc...
 - ✓ Events like Shattered Dreams are only scheduled every other year, and this was the off year
 - ✓ Consider scheduling “Rachel’s Story” in 2012-2013
- SHAC Budget –
 - ✓ A Health Screening event will be scheduled in 2012-2013 to generate some revenue for SHAC budget