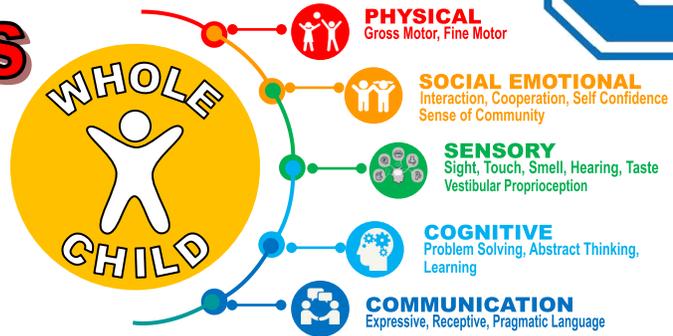




Social & Emotional Needs



Helping Parents Support the Whole Child



The mind of an adolescent can be difficult to understand at times; however, it is essential that parents are aware of what is going on in the schools and how they may be able to monitor their child's social and emotional health, which is a crucial aspect of academic success.

This session of Parent University is open to all Sweeny ISD parents and will focus on providing parents with information and resources to assist with guiding your adolescent to a positive lifestyle. Sweeny ISD is dedicated to encouraging our parents to be life-long learners of the ever evolving challenges our students are continuously faced with, including aid in constant reinforcement from home to make healthy choices for a successful future.

Experienced professionals will educate parents on the dangerous trends involving narcotics that our students are exposed to as well as what to look for and how to react to a situation.

Parents will also choose up to three other sessions from the following topics:

- ◆ **Social Media** - This session will discuss the technological apps students are using and how to monitor your child's accounts.
- ◆ **Free to Be Me Curriculum explanation** - During this session, parent will be able to view and ask questions about the curriculum used throughout a new one week program that will be offered to all high school students this year through an annual research assignment in English class. The program contains content related to stress management, self awareness, exploration of personality types, and the power of positive decision making as well as the possible consequences of sexual relations at a young age. Parents can choose to opt-out of the program if they feel it is not a subject they wish their student to discuss.
- ◆ **Suicide Prevention** - I will ask - What are the indicators that your child is dealing with situations that are overwhelming to them so much that they can no longer handle them and look for an alternative way out.
- ◆ **UnBound** - Information on the growing epidemic of Human Trafficking - Is my student being targeted? Is my student at risk? Do their online behaviors put them more at risk? What every parent needs to know in order to help keep their child safe.
- ◆ **Run / Hide / Defend** - Security experts will explain and demonstrate what the staff and students were taught about how to handle and stay safe in a crisis situation at school or other locations.

Saturday, March 30, 2019

9:00 am - 12:00 pm High School Cafeteria

**WIN
PRIZES!!**

If you have questions or need further information, please call 491-8186 or e-mail lvirgel@sweenyisd.org