

# **Physical Fitness Programs**

## **Sweeny Elementary**

Students in grades kindergarten through fifth grade participate in 45 minutes of physical education each day. Students also have recess during the school day.

## **Sweeny Junior High School PE**

Students in grades six, seven, and eight participate in 50 minutes of physical education each day for at least 4 semesters during those grades.

## **Senate Bill 530**

Beginning with the 2007-2008 school year, select students in grades 3-12 will participate in fitness assessments. The Texas Education Agency has selected the FITNESSGRAM as the assessment tool to be used by all school districts throughout the state of Texas.

At the end of the school year, parents may request a copy of their student's FITNESSGRAM assessment results. For more information, please visit the following site: [FITNESSGRAM information for parents](#)